Freedom Area School District Breakfast Menu May 2025

Director of Food & Nutrition

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MONDAY 🔰	TUESDAY	WEDNESDAY 👽	THURSDAY 🔰	FRIDAY
			1	2
a ala fan tha Nam Manua an			Breakfast	French Toast Sticks w/
Look for the New Menus on SchoolCafe.com!			Pizza	Syrup
			Choice of Juice	Choice of Juice
			Choice of Fruit	Choice of Fruit
			Choice of Milk	Choice of Milk
	6	7	8	9
Mini Donuts	Bagel w/ Jelly	Chocolate Chip	Breakfast	No School!
		Muffin	Pizza	
Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	
2	13	14	15	16 No School 5th-12th
Cinnamon Roll	Dutch Waffle	Mini Blueberry	Breakfast	French Toast Sticks w/
		Pancakes	Pizza	Syrup
Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
9	20	21	22	23
Mini Donuts	Bagel w/ Jelly	Chocolate Chip	Breakfast	French Toast Sticks w/
		Muffin	Pizza	Syrup
Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
26	27	28	29	30
No School!	Dutch Waffle	Mini Blueberry	Breakfast	French Toast Sticks w/
		Pancakes	Pizza	Syrup
	Choice of Juice	Choice of Juice	Choice of Juice	Choice of Juice
	Choice of Fruit	Choice of Fruit	Choice of Fruit	Choice of Fruit
	Choice of Milk	Choice of Milk	Choice of Milk	Choice of Milk
What makes a	a meal?	Fruit & Veggie Optio	ons Alterna	te Menu Options
You must choose at least 3 o	of 4 components	00 1		-
available for FREE school	· · ·	Fresh Apple slices Raisins Craisin		sorted Cereal w/Crackers

Fresh Orange | Banana | Applesauce *K-8 may choose up to 1/2 cup serving. 9th-12th may choose two 1/2 cup servings

Milk Options White Milk, Strawberry Milk, Chocolate Milk

Choice of Meat or Meat Alternate,

Choice of Fruit* Choice of Grain/Bread, and Choice of Milk

*Students must choose up to 2 fruits

The School does not discriminate on the basis of age, race, color, national or ethnic origin, sex or handicap in employment practices or in administration of any of its education programs and activities in accordance with applicable federal statutes and regulations. EOE

